MARINARA SAUCE

Good basic red sauce

INGREDIENTS

olive oil

2 32 oz cans tomato

puree

1/2 C dry, fruity red

wine

1 bulb garlic, roasted

1 onion, minced

1TBSP oregano

1 1/2 TBSP basil

1TBSP marjoram

1 tsp red pepper flakes,

or to taste

1 tsp salt

1 tsp pepper

1-2 anchovies or 1/2 TBSP red miso paste

DIRECTIONS

- 1. Roast garlic. Cut 1/4 inch off the top of a firm bulb, exposing cloves. Wrap in foil, drizzle with olive oil, and roast in a 350 oven 20 minutes or until cloves squeeze out like a paste.
- 2. Add a little olive oil and turn down the heat to medium. Saute onion until soft, then add anchovies or miso and let cook for a minute together until anchovies fall apart or miso mixes in.
- 3. Toss in herbs and salt.
- 4. Deglaze the pan with the wine, then squeeze in garlic and pour in the tomato puree.
- 5. Simmer until done.

NOTES

This is a good base for any kind of red pasta sauce. Anchovies and miso can be left out if you're making it vegan, but they add another umami dimension.